

CONTENT WARNINGS

WUTHERING HEIGHTS

**Created by Inspector Sands
After Emily Brontë**

Adaptation conceived & developed by **Lucinka Eisler** and **Ben Lewis**

**A CHINA PLATE, INSPECTOR SANDS, ROYAL & DERNGATE, NORTHAMPTON
AND OXFORD PLAYHOUSE CO-PRODUCTION**

Age recommendation: 14+

Content Warnings: This show features depictions of racism, abuse, death, illness, violence, and intimacy. There are occurrences of strong language and racialised insults.

The show contains loud noises and music, flashing lights (not strobe) and haze.

This will be updated as the show develops.

For a more detailed list of warnings please see below.

CONTENT WARNINGS: FURTHER INFORMATION

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Content Warning: This show features depictions of racism, abuse, death, illness, violence, and intimacy. There are occurrences of strong language and racialised insults.

Further detail (themes):

- **Racism:** Throughout the play, Heathcliff is subject to vocal and physical, racialised abuse and racist microaggressions. Heathcliff is dehumanised, called a “dog” and “it”, referred to as “dirty” and beneath the other characters. Heathcliff is referred to as a “slave boy.”
- **Strong language:** “f*ck” is said throughout but there are no racial slurs in the piece.
- **Abuse:** The play features depictions of physical violence, staged using simulated fighting and non-contact sequences where reactions are depicted using sound effects both live and recorded. Examples of fighting includes: a character putting another in a headlock, hair pulls, pushing to the floor and slaps.
- **Examples of non-contact abuse include:** a character whips the set while another reacts at the other side of the stage and a character smashes vegetables whilst another character reacts to the hits and blood is seen on his mouth. Types of abuse include interpersonal abuse and child abuse. Domestic abuse features: Isabella recounts psychological abuse she endured from Heathcliff, when she tries to leave, he throws a knife at her and it is inferred that Heathcliff is manipulative and violent towards her.
- **Props:** Babies/children are depicted as puppets throughout, there’s a moment where two characters wrestle over the prop/puppet toddler, a crying sound effect can be heard from a moses basket. A knife is used to cut vegetables and Hindley threatens Nelly with a knife, he says he is going to make her swallow it. Hindley has a weapon which consists of (very clearly) plastic guns taped together, he threatens to shoot Heathcliff and the gun backfires. Hareton holds a rifle and a fake dead hare, he has just been hunting on the moors.
- **Death:** Death is spoken about frankly within the play, parental deaths feature. Suicide is mentioned twice within the piece, but no staged suicides take place.
- **Illness:** Illness is spoken about frankly within the play, fatal illness is depicted, with pain and suffering performed.
- **Intimacy:** There are rare moments of intimacy: characters share romantic moments of closeness and touching, some playful rolling around together and two characters share a kiss. There is no nudity or simulated sex.

Mental health resources/organisations are listed at the end of this document.

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Further detail (sound, lighting and technical):

- **Loud noises & music:** There is an almost constant sound design throughout, with many moments and scenes underscored by music and sound effects of different types. Loud noises include whipping sounds, loud breathing, shouting, crying baby, gunshot/ backfiring, loud neighing (horse) and aggressive barking to represent a dog biting one of the characters.
- **Flashing lights (not strobe):** Lights do pulse/flash quickly and a hanging light is swung casting a beam of light onto the audience at irregular but rapid intervals, but no actual strobe lighting is used. There are moments of dimness and darkness.
- **Haze:** haze/fog is used throughout the show.

If you have any questions, please talk to a member of the front of house team.

If you have any feedback about this document, please contact us at:
info@chinaplatetheatre.com.

Mental Health Resources/ Organisations:

[Black Minds Matter UK](#)

Black Minds Matter's mission is to connect Black individuals and families with free mental health services — by professional Black therapists to support their mental health. To make this happen, they want to make mental health topics more relevant and accessible for all Black people in the U.K., removing the stigma and remodelling the services to be relevant for the Black community.

[British Asian Trust](#)

We are lifting the silence on mental health issues and raising awareness in communities. By opening up the conversation and developing services, we are ensuring that people can find and receive the support they need.

[Therapy for Black Girls](#)

Therapy for black girls is an online space dedicated to encouraging the mental wellness of Black women and girls. They offer women a chance to not only find an appropriate therapist, but also access resources and discussions around mental health without stigma.

[Mind](#)

We're Mind. We're here to fight mental health. For support, for respect, for you. We change minds across England and Wales by making mental health an everyday priority. By standing up to the injustices – in healthcare, in work, in law – which make life harder for those of us with mental health problems. We support minds – offering help whenever you might need it through our information, advice and local services. And we connect minds. Bringing together an unstoppable network of individuals and communities – people who care about mental health to make a difference.

[Refuge](#)

Refuge is the largest specialist domestic abuse organisation in the UK. On any given day our services support thousands of survivors, helping them to overcome the physical, emotional, financial and logistical impacts of abuse and rebuild their lives — free from fear.

[Andys Man Club](#)

At ANDYSMANCLUB, we want to eliminate the stigma surrounding mental health and create a judgement-free, confidential space where men can be open about the storms in their lives. We aim to achieve this through weekly, free-to-attend peer-to-peer support groups for men aged over 18. Watch the video below to find out why.